98.7% of students participate in service while at Messiah College.

Over 80% of students visited new fitness center at least once.

1,837 career coaching appointments.

More than 1,680 students participated in student-run clubs.

Messiah College Athletic teams won 10 out of 23 MAC Championships.

1,120 experiential learning experiences completed in 2017-2018.
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I am pleased to present the 2017-18 annual report for the Division of Student Affairs at Messiah College in Mechanicsburg, PA.

One of the many things I appreciate about Messiah College is our holistic approach to student learning. The recognition and value placed on students being educated beyond the classroom – in residences, on athletic fields, during service projects, etc. is evidenced in our distinctive Community of Educators model and our commitment to College Learning Outcomes.

The Division of Student Affairs is comprised of several departments. These include the Agapé Center for Service and Learning, Athletics, the Career and Professional Development Center, College Ministries, the Engle Center for Counseling and Health Services, the Fitness Center, the Intercultural Office, Residence Life, and the Student Involvement and Leadership Programs Office. The Division, in partnership with others, advances the mission of Messiah College by nurturing holistic learning and development and creating a vibrant educational community. We achieve this goal through a holistic cocurriculum that is anchored in six Student Affairs learning outcomes. These outcomes reflect the College’s Undergraduate Learning Outcomes as well as standards developed by the Council for the Advancement of Standards in Higher Education (CAS). This annual report will highlight some of the educational programs designed and delivered this year to promote growth and learning. In addition, there is evidence of student learning demonstrated with each outcome. The report also includes more demographic data as demonstrated by our established dashboards for each department.

Each year the Division of Student Affairs establishes two to three themes that seem particularly relevant and important for us to consider as we plan our educational programs for the year. This year our themes were:

- **Resilience** - Resilience is a process of dealing with adversity. It is a skill that can be learned which involves behaviors, thoughts, actions and spiritual practices.

- **Time Management Redemption** - Time is a gift, and like most gifts, it can be taken for granted. We will explore how to redeem time using biblical principles and wise practices about priorities, rest, margin, self-care and celebration.

- **Empathy in Action** - Focus on promoting students’ understanding of perspectives different than their own and nurture genuine care toward others. We hope that this awareness inspires action to care for others and for social change.

One final note, the 2017-18 academic year proved to be challenging for many of our students who struggle with mental health concerns. In response, we hired another full-time counselor and as a community, developed a mental wellness strategic plan designed to share the responsibility of nurturing wellness across the campus. The plan will begin implementation Fall 2018.

I am grateful for the commitment and dedication of the student affairs professionals that strive daily to develop maturity of intellect, character and Christian faith in our students, for lives of service, leadership and reconciliation.

Kris Hansen-Kieffer
vice provost, dean of students
DEPARTMENT LISTING

Agapé Center
messiah.edu/agape | ℹ️

Athletics and Recreational Sports
gomessiah.com | ℹ️

Career and Professional Development Center
messiah.edu/career | ℹ️

College Ministries
messiah.edu/ministries | ℹ️

Engle Center for Counseling and Health Services
messiah.edu/englecenter | ℹ️

Fitness Center
messiah.edu/englecenter | ℹ️

Intercultural Office
messiah.edu/intercultural | ℹ️

Living in Community
messiah.edu/livingincommunity

Residence Life
messiah.edu/residencelife | ℹ️

Student Involvement and Leadership Programs
messiah.edu/SILP | ℹ️
It is important that students develop the ability to adapt to changing situations, make complex decisions, solve problems and realistically evaluate their own actions and the actions of others.

**Messiah College students will…**
- Think critically
- Reflect thoughtfully
- Reason effectively
- Maintain intellectual flexibility

The Experiential Learning Initiative (ELI) at Messiah College is about experience that fosters meaningful connection and story-telling with impact. We define experiential learning as occurring when students engage in a guided process where they are challenged to learn, apply, and integrate knowledge and skills in an authentic context.

**1,120** ELI experiences completed in 2017-2018 (*763 in 2016-17*)

- Off-campus programs: 91 semester long and 319 cross-cultural
- Internships/practica: 222 internships and 185 practica
- Leadership: 134
- Service Learning: 144
- Research: 25

“For me, this experience was life-changing. Not only was I able to **grow on a personal level**, but **my faith was also able to expand and flourish**. Being given the chance to give back to the community during class while also being able to impact someone’s life was incredibly rewarding.”

— Allie Phillips ’18, applied health science
**Fitness Center Internship**

The fitness center hosted a senior Messiah College applied health science student for an internship. In this internship, the student was able to apply the book knowledge and skills he’s learned to implement and design group exercise class, publish informational social media posts, and design strength and conditioning programs.

“Having the opportunity to be a strength and conditioning intern gave me the chance to apply the knowledge that I gained from the classroom and see the differences between practical application and research with NCAA athletes.”

– Ryan Adamus ’18, applied health science

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**Intentional Living-Learning Spaces:**

The Witmer renovations took place this summer with intentional ideas for enhancing academic excitement in the residence halls. Two D shaped group study areas were added, as well as three individual study rooms unique to different learning styles. Enhanced partnerships with curricular and co-curricular educators continues. Increasingly, faculty and staff are being asked to serve as guest speakers and judges and invited to residence hall picnics.

This was the inaugural year for the Engineering Living Learning Community. This will continue with two floors in Naugle for 2018–2019. Students living on the LLC floors found greater success in these areas after living in their community with other engineering students:

- Academic performance
- Feeling academically supported
- Sense of belonging
- Knowledge of your major
- Overall college experience
- Friendships
- Commitment to continuing in the engineering major

---

**Living in Community:**

When asked on the Housing Survey to “Describe a time when you applied something you learned in class with something in the residence hall,” First Year students stated:

- “I think I’ve most applied what I’ve learned in Philosophy, FYS and CCC in the residence hall. I have theological/philosophical discussions/debates with my floormates somewhat regularly and topics/concepts from these classes are often brought up.”
- “I have an interpersonal conflict class. We learned that most conflicts are based on perceptions. When there are conflicts with people on the floor, I take a minute to think how the issue looks from the other’s perspective.”
Ultimately, students cannot fully embrace others until they have attained a level of self-understanding and a sense of who God created them to be.

**Messiah College students will…**
- Demonstrate a mature sense of personal attributes such as identity, self-esteem, confidence and integrity
- Mature in their relationship with God in regard to spiritual practices, reconciliation, servant leadership and embracing life as worship

**Our Commitment initiative**

Our Commitment was developed as a way of succinctly articulating the core values expressed in the Community Covenant. The Community Covenant is a beautifully written expression of our core commitments to God, to each other, and to the mission of our College - all under the Lordship of Jesus Christ. However, a substantial drawback to the effectiveness of our Covenant lies in length. Read once or twice through a student’s four years of enrollment, it is mostly forgotten in the day to day experience of students and community members. Beyond the Welcome Week orientation and perhaps a mention in Created and Called for Community, the Community Covenant remains silent unless a student violates our standards of conduct. This usage is shortsighted and diminishing.

The establishment of “Our Commitment” will provide a quick visual reminder of what principles those in our community commit to abide by while they are present here. Look for stickers across campus!
Spiritual Mindfulness

The Wellness Committee led a chapel focused on giving students the opportunity to experience and practice spiritual mindfulness. It was well attended and the students provided great feedback about learning about the importance of taking care of their bodies beyond the principles of exercising and eating correctly. We plan to continue to practically educate our student body on how to handle stress and anxiety in their daily lives.

“I really enjoyed the hands on aspect of the wellness chapel, it was great to hear the personal stories from faculty about the way they have been impacted by and manage their stress and anxiety.”

– Jackson Lohr ’19

iFast

First Year programming included an iFast event aimed at encouraging students to fast from their social media for one day. It ended in a combined first year worship night which over 130 students attended.

• 65.9% stated that through iFast they were able to connect better with others
• 78.6% expressed that after iFast they had a better understanding of how technology impacts their thoughts, words and actions.

“It opened my eyes to the way that I, many times, ignore people’s existence because I am too busy looking down. Honestly, this time of technology fast motivated me to continue practicing it. I felt like all my senses became a little more alive.”

Rapid Response Programming

Programs can be quickly scheduled as the need arrives to respond to current events. These programs are planned to help give students varying perspectives on these often contentious events. A panel discussion and Q&A was held to discuss the Take a Knee movement. Student learning outcomes included helping students to:

• Have a greater knowledge of the history of social activism in sports, and why it should matter to Christians

• Have a clearer understanding of the Take a Knee movement and understand the different perspectives
• Feel more comfortable discussing difficult topics.

In partnership with SAGE (Sexuality and Gender Education), another program addressed the #MeToo movement by providing space and support for students to reflect upon and share the impact of sexual abuse and harassment in both their personal lives and the community.
It is important that students be prepared to live, learn, lead and serve in an increasingly multicultural and global society. In doing so, students must learn to appreciate other voices, places and experiences.

**Messiah College students will...**
- Seek diverse communities and understand their value for the common good
- Embrace a willingness to reconcile with God and others
- Welcome diverse perspectives

158 international, missionary and third culture students representing 43 countries were enrolled in 2017–2018. The largest number of students represented the countries of **Malaysia, China** and **Vietnam**.

At the International Senior Luncheon, the senior reflections demonstrated that the programs and opportunities provided through the Intercultural Office have helped deepen the cultural competency skills for our international, MK and TCK students.

“Being a part of this community has meant that I have seen the world anew through the insight of friends from so many different cultures and countries.”

– Hannah Munoz ’18

With over nearly 570 attendees, the International Banquet provided an opportunity for international, MK and TCK students to express and celebrate their culture in collaboration with domestic students, as well as educate the wider campus community about the cultures represented at Messiah College.

“The International banquet was helpful in creating space for the celebration of our cultures and to engage in conversations about diversity with friends on campus who didn’t have a strong connection to the international/MK/TCK community on campus.”
The Rise Retreat, hosted by the Agapé Center invited high school students to spend a day on campus learning about college life. Participants were paired up with a current Messiah College student, and then had the opportunity throughout the day to enjoy different activities including an informational session on different college majors, visiting the Collaboratory, and interacting during the Multicultural Club Student Panel. There were almost 60 volunteers and around 50 participants.

“The RISE Retreat is a retreat where kids that are usually in the shadows rise up! They shine with their personality. They receive attention and they receive hope.”
– Luz-Nieto ’19, President of LAL campus

For the first time ever, the Intercultural Office offered a Multicultural Student Welcome Day. Research and best practice indicate that students thrive when they have a sense of belonging. Recognizing some of the unique challenges our domestic students of color face on a majority white campus, Multicultural Student Welcome Day was held on the Thursday before Move-In Day and offered the opportunity for these students to begin to build connections with each other and foster a sense of belonging with our broader campus community one day prior to participating in Welcome Week activities on Friday.

Residence Life:
Living in community provides many opportunities to learn about and to appreciate difference. When asked to describe how your commitment to diversity and reconciliation has grown as a result of living with others, one student wrote:

“I have gotten the privilege to live with a group of women that are deeply passionate about issues of diversity and bringing about changes in perceptions, education, and lifestyle. Bringing issues that are usually taught in class for one minute and turning them into conversations of 3 hours stretched me in ways that I never even realized I would become invested in. These casual yet heavy and intellectual conversations have taught me that there is so much more in this world than myself and have pushed me to think of ways to contribute back into society with my strengths and interests.”
It is important for our students to influence the world through servant leadership that emphasizes collaboration, trust, empathy and the ethical use of power.

**Messiah College students will…**

- Demonstrate responsibility to community, state, nation, world and faith
- Serve through active involvement with diverse communities and real world challenges
- Develop effective leadership skills and qualities

“My experience with the Center for Champions has been amazing! The persistence it takes to be a teacher in a smaller setting like this has been very valuable and I’ve learned a lot about classroom management.”

— Patrick Meehan ’21

Students who participated in **Domestic and International Service Trips** expressed a deeper relationship with God and a connection to the Gospel through the practice of service. Post-trip reflections centered on the theme of power and privilege. Students gained a greater understanding of what it means to have power and privilege in various areas of their life. From financial to education privilege, students walked away from a service trip with the ability to recognize and articulate the “power” that they were given at birth and how that power on a macro scale can oppress or disadvantage certain groups of people. This has primarily been attributed to the opportunities that students had to not only be exposed to individuals different from themselves, but more importantly, to take the time to hear others’ stories.

“The Fall Break Service Trip I participated in, impacted my life in many areas…God really showed up during this trip. He opened my eyes to see deeper hurts and wounds this world sees. He reminded me that everything I do can only be done through Him and through His strength.”

— Brittney Wilkerson ’20,
*Fall Break - Urban Promise*
Students also participate in local outreach throughout the year serving in a variety of locations. Many found significant connections with their faith through their service experiences.

“Visiting my Lifeways resident every week has been a humbling, eye-opening, life-giving experience for me. There is power making space each week to serve and for God to work in your life and the life of your resident in whatever way He sees best.”
– Caroline Olson ’20

AROMA

A Revolution of Missional Athletes has a mission to empower Messiah students to participate in God’s kingdom through sports. AROMA leads teams of athletes on international trips, conducts sports camps for local youth and also facilitates Bible studies on campus. Every Thursday, 125+ students gather for AROMA chapel and every week 75+ students are meeting in weekly small groups led by AROMA staff and alumni. Messiah athletes partnered with five local churches to reach out to over 400 campers through AROMA’s All-Sports Camp this summer. 100 Messiah athletes, coaches and alumni traveled with AROMA during the 2017-2018 year.

“AROMA trips are life-changing and one of the best experiences I have had to encourage my faith journey with Jesus Christ.”

Participants in Special Olympics developed meaningful relationships and personal connections with their athletes.

“The most meaningful part of my experience was the ability to connect with my Athlete. Special Olympics was my first time interacting with a person with special needs. Making that connection with my Athlete showed me how rewarding those relationships can be.”
– Anonymous First-Year Student
BE STRONG | Outcome 5

It is important that students learn to understand themselves and build meaningful relationships.

**Messiah College students will...**
- Develop dedication to personal goal setting, meaningful relationships and collaboration
- Develop a sense of ownership over learning and education achievements that can carry over into career and personal goals
- Demonstrate a desire to continue professional and personal development through lifelong discovery
- Be aware of the constantly changing worlds in which we live and the necessity for self-directed adaptation to new opportunities and demands
- Become agents of reconciliation

1,145 students took advantage of Career Coaching with 90% responding that as a result, **they identified next steps to move closer to their goal.**

**Into the City**

The Career and Professional Development Center led trips to Chicago, IL and New York City as part of the **Into the City** career immersion program. This program exposes students to living, working and connecting in cities around the country. Connections with Messiah alumni, parents and friends open doors to a variety of companies who welcome students and provide site visits and networking opportunities.

“I was glad to visit with your students and remind myself what top quality young people come out of Messiah College.”

– Craig Isaak ’95, alum
Messiah men's soccer finished the 2017 season as the NCAA Division III National Champion!

• This was the Falcons' 11th title in program history, and the 28th Division III championship in College history.
• Of note, Messiah men’s soccer is now 11-for-11 in national title game appearances.
• Head coach Brad McCarty and staff were named the United Soccer Coaches Coach and Staff of the Year.
• Kirby Robbins, Dakota Rosenberg and Colby Thomas all earned All-American honors.

A successful collaboration between Minds Matter and the Student Activities Board resulted in the annual Dodgeball Tournament turning into an event aimed toward promoting healthy relationships and lifestyles. Minds Matter is Messiah College's chapter of Active Minds, a national organization dedicated to informing and educating peers about mental health. Fairly new to Messiah College, this club holds various events and conversations about mental health in order to create a comfortable environment surrounding mental health. The purpose of the Dodge Depression event was to promote positive mental health especially geared toward students who may not consider positive mental health relevant or important in their personal lives. Students formed their own teams and competed to win prizes. The event also was able to engage a high level of male students who normally do not attend mental health events in large numbers.

• In the inaugural year of the men’s volleyball program, they received the American Volleyball Coaches Association Team Academic Award after completing their first season as a varsity program. This award honors teams that displayed excellence in the classroom by maintaining at least a 3.0 GPA. The Falcons were one of just 9 NCAA Division III teams selected for this honor.
• Justin Beachy ’13, MA ’15 was named MAC Coach of the Year in his first year of coaching.
Ultimately, students will be able to live lives that are purposeful, satisfying and effective as they follow God’s calling.

**Messiah College students will...**
- Communicate effectively
- Manage personal affairs
- Be economically self-sufficient
- Maintain personal health and wellness
- Prioritize leisure pursuits
- Live a purposeful life

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**The College Life Hacks, Life Hacks, and Adulting programs** continue to be a big success for preparing students for life after college. According to the housing survey:
- In their apartments, students are learning Self-Sufficient Living Practices (74.6%) through the daily tasks of preparing food, doing laundry, living more independently.

“After college, I will have to live with different people since I would not be able to afford a place by myself and living in an apartment has **definitely helped me learn the crucial skills it takes to coexist peacefully**. I know I am better capable of making a budget and sticking to it. Additionally, I have learned the way I cook and clean and grocery shop.”
The new fitness center opened at the beginning of the school year and saw over 118,000 visits with over 80% of the student body going at least once. Many students tried new workouts, group exercise classes, and furthered their commitment to honor one of God’s amazing gifts to us: our bodies.

“My experience with group exercise is one of the highlights of my last semester at Messiah. I really enjoy exercising with other people, at times exercise can be boring and I love the excitement, challenge, and accountability of group exercise. Finally, I really appreciate that the fitness center only hires professional, certified instructors.”

– Ming Luo ’18

2017-18 saw the creation of a holistic student wellness taskforce, co-chaired by Kris Hansen-Kieffer (Vice Provost/Dean of Students) and Eleanor Muir (Director of the Engle Center for Counseling and Health). The taskforce brought together disparate units and established a cohesive plan of wellness and care for students in both the curricular and co-curricular world. The plan is to be implemented in 2018-19. Among other initiatives, the Engle Center is embracing a new model of service highlighted by partnerships with educators across campus to lend their expertise. There is an ever increasing need for counseling services as many students arrive on campus already dealing with anxiety and depression.

Commuter student services improvement

This year there were many accomplishments made in the area of Commuter Services. By far the greatest highlight of this year in this area has been a new facility. The opening of the Frey Commuter Lounge, has been formative in improving the commuter experience as a whole.

Cate Cutting served as the Commuter Student Liaison and was a resource in building and supporting the Commuter Council team. Commuter Council was an integral part of enhancing the commuter experience this year. This team was comprised of four student leaders who were committed to building community. It was incredibly encouraging to witness their involvement and support to commuters throughout the year. Funds from SGA provided commuter specific events and support. The funds were used to enhance the space, provide games in the lounge, and organize events for students to connect. Commuter Council was committed to vision casting and brainstorming ways to make the commuter experience better in the future.
The Agapé Center for Service and Learning develops, administers resources and coordinates programs of service learning, community service and missions. Students, faculty and staff work with community-based partners in local, national and international settings to **address community needs**, **provide holistic learning opportunities for students** and **encourage students toward an ethic of discipleship, service and civic engagement**.

**157 students** and **18 employees** served on Agapé service trips to **16 national and international locations**.

**98.7%** of students participate in at least one service experience while at Messiah.

“For me, **service has always been a great way to connect with others** and begin to see them through God’s eyes. I truly believe that if we began to see God inside of each and every person that we meet, then it would change the way we treat them.”

– Caleb Sisson ’18

**343 students** served with local community partners through Outreach Teams.

**1,689 students and employees** served in local “Plunge Days” of service.

**564 students** engaged in HRA programming about social justice and faith.

144 students completed a service-learning ELI course.

“The college lifestyle does not lend itself to extended time of pause and reflection. The two hours I spent with my Paxton resident each week were a wonderful time of learning, laughter, pause, reflection and joy. God has shown me so much through this friendship.”

– Luke Redcay ’18
ATHLETICS, CLUB SPORTS AND REC SPORTS

163 teams participated in rec sports ranging from volleyball, soccer, floor hockey and flag football in the fall to basketball, frisbee and softball in the spring.

Messiah College Men’s Soccer won the NCAA Division III National Championship.

Men’s volleyball celebrated their first year of intercollegiate competition by qualifying for the MAC Commonwealth post-season tournament.

Messiah College Field Hockey was the NCAA Division III National Runner-Up.

Messiah College Athletics won 10 out of a possible 23 MAC Championships during the 2017-2018 academic year with 13 teams qualifying for playoffs.

Messiah College finished 28th in the final standings of the Learfield Sports Directors’ Cup.

AROMA

- Over 125 students gather weekly for AROMA chapel
- Messiah Athletes partnered with 5 local churches to reach out to over 400 campers through our All Sports Camp
Class of 2017 First Destination Survey Data
83% employed, 14% in graduate programs, 3% still seeking (70% knowledge rate)
We desire for students to articulate a growing knowledge of God and self.

We desire for students to display compassion for others and collaborate with the kingdom in view.

500+ students take advantage of the 20-22 educator-led mini-series offered to foster Christian growth each semester.

We collaborate with a wide range of campus departments and organizations for Tuesday evening chapels.

Various ministries and organizations partner with us for chapels and for special events like Missions Awareness.

College Ministries

More than 50 worship services are offered each semester.

500 to 2,200 students attend each service.
ENGLE CENTER

Health Services

Health Services Staff

- 1 full-time registered nurse practitioner
- 1 full-time and 4 part-time registered nurses
- 1 part-time registered dietitian

Monthly Engle Cafés and Wellness Wagon events promote healthy lifestyles and connect students to Engle Center services.

3,607 total visits
77% of students were seen by health services

143 travel clinic visits
252 nutrition visits

- 59% of students were seen by a nurse practitioner
- Majority of visits were for prevention: colds and TB testing
- Most frequent illnesses are upper respiratory infections and mental
SPECIALTY AREAS:
- alcohol and other drug treatment and education,
- outreach to underrepresented populations,
- sexual addiction treatment and men’s character development

**Counseling Services Staff**
- 4 full-time **licensed professional counselors**
- 2 full-time **professional counselors**
- 3 part-time **counseling interns**

**ENGLE CENTER**

**Counseling Services**

**3,391** total visits

**445** students were seen (**17%** of the student body)

Average number of counseling sessions: **8**

Most frequent concerns: **anxiety** and **depression**

“I love the Engle Center and the counseling services they provide to us students. I don’t know where I would be without my counselor. Thank you for all everyone does there. **You are appreciated!**”

– Anonymous survey response
International Student Programs

158 international, missionary and third culture students

134 F-1 visa students
24 missionary/third culture students
40 graduates from the class of 2017

Top countries of student citizenship:
- Malaysia (58)
- China (11)
- Vietnam (8)

Total countries represented: 43

Multicultural Programs

12.8% under-represented students on campus

Multicultural Council
35+ educational programs offered
6 multicultural student clubs and organizations
6 ELI-eligible student leaders and
39 Multicultural Council members

Multicultural Scholarship Programs
44 Martin Scholars
135 Amigo/Flowers Scholars (56 first-year R.H. Flowers Scholars and 79 upperclass Amigo Scholars)
24 mentors

Retention
Scholarship program students
Fall 2016, first to second year: 86.8%
Off-Campus Programs

22 semester-long programs
47 short-term experiences

11 cross-cultural courses
7 discipline-specific cross-cultural courses
25 service experiences (Agapé, AROMA, Collaboratory)
4 individual student experiences (internships, student teaching, field experiences)

Top 3 semester-long study abroad programs: LCC International University - Lithuania, Uganda Studies Program, University of Granada

65\% of student population participated in credit-bearing off-campus programs

92 students on semester-long, off-campus programs

77\% of student population participated in credit-bearing international programs

493 students on short-term experiences:
• 188 students on cross-cultural courses
• 85 students on discipline-specific courses
• 216 students on service experiences (Agapé, AROMA, Collaboratory)
• 4 individual student experiences (internships, student teaching, field experiences)
RESIDENCE LIFE

Upperclass Experience

The upperclass experience encourages further growth in relationships, identity and spiritual development, intercultural competencies, and practical life skills to equip students to flourish throughout their college experience and prepare for their transition from college.

95% of upperclass students named having a meaningful relationship with two or more people on their floor this past year

75% of upperclass students agreed or strongly agreed that they built deeper relationships with their peers because of living in the residence hall

64% of upperclass students agreed or strongly agreed that their commitment to diversity and reconciliation has grown by living in a residence hall

First-Year Experience

The first-year experience encourages a healthy transition to college characterized by deep relationship and learning through strategic programs and intentional relationships.

94% of first-year students had a meaningful relationship with two or more people on their floor this past year

87% of first-year students agreed or strongly agreed that their commitment to diversity and reconciliation has grown by living in a residence hall
SGA leaders provide leadership for the student body; promote spiritual growth; provide opportunities for students to serve others; support and recognize quality services and activities and represent students to other constituencies.

Served 175 student leaders

More than 1,680 students participated in student-run clubs.

Supported more than 380 commuter students

The Loft facilitated 83+ groups that included more than 1,800 participants.

Coordinated 2017 orientation for 820 new Messiah students

More than 360 students used the holiday shuttle service.

SAB desires that the student body be exposed to a variety of artistic experiences and activities that help students to actively engage modern culture.
The Falcon Fitness Center is an impressive 14,000+ square-foot fitness facility open to all students and employees with the goal of providing a range of fitness and wellness opportunities for individuals of all levels.

**Group Exercise**

- **15** unique group exercise classes held **200+** times each semester for students and employees

“The combination of VOLT and Kevin Ogden’s supportive leadership in the fitness center made my experience super positive. I found myself wanting to continuously push myself and strive for the pursuit of success in the off-season.”

— Kristen Levesque ’21

**Strength and Conditioning**

- Athletes completed over **15,000 resistance training workouts** implemented by the fitness center.

**Wellness at Messiah**

The Wellness Advisory Committee consists of curricular and co-curricular employees along with student leaders who are passionate and educated about all aspects of wellness. This team plans and implements health and wellness events for the entire college community.

- Fitness center open **99 hours a week**
- **1,400+ visits** on opening day
- **54,476 visits** throughout the year
- **2,148 students** went at least once (77%)
- **100% of senior class** went to the fitness center
MEET OUR COMMUNITY

UNDERGRADUATE STUDENT PROFILE

2,287 students living in on-campus housing

2,759 students representing

88% return for a second year at Messiah vs. 82% national average among private four-year institutions

37 states

32 countries

34% out-of-state

5% international students

13% students from underrepresented racial, ethnic and cultural populations

13% Percentage of overall student racial/ethnic diversity

12.8% domestic

4.6% international

9 out of 10 current students and parents surveyed say they would choose Messiah again

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**Themes for 2018–2019**

Student Affairs is embracing the overall college theme of “The Common Good” for this year. We are defining this as “A Christ-centered commitment to the dignity, welfare and human flourishing for all of our neighbors, wholeness...shalom.”

Our Welcome Week theme continues this thought with a theme of The Good Life. As expressed on our Welcome Week website: “Imagine a place that values belonging—a place where everyone lives for the good of all. This is The Good Life. Now that you belong to the Messiah College family, you are a vital part of this good life that we aspire to embody. Together we will live, learn, and create—in a Christ-centered community—seeking to uphold the dignity of every person, and working to advance the welfare and human flourishing of all our neighbors.”

**Student Success**

A task force co-chaired by the Vice President for Enrollment and the Vice Provost/Dean of Students will be working on a student success model that focuses on “helping students develop as whole persons through significant educational engagement as they progress through and complete their college experience.” The task force will recommend institutional structures designed to enhance efficiencies and effectiveness while attending to our most vulnerable student populations.

**Inclusive Excellence**

Student Affairs will continue to foster inclusive excellence through cocurricular programming. The role of diversity advocates continues to be developed more fully and each department will establish goals related to inclusion. We will be fully onboarding our new position in Athletics which was funded by a NCAA Strategic Planning grant to further diversity in the athletic department.

**Assessment**

Our assessment focus will be on Outcome 4 this year. Outcome 4 states that students will influence the world through servant leadership that emphasizes collaboration, trust, empathy and the ethical use or power. A rubric to assess this has been developed and we will be using student focus groups to assess how well we are meeting this outcome across all of the student affairs entities.

**First Year Seminar Course Pilot**

Two sections of a first year seminar course are being piloted this fall. Using a strengths-based approach to learning coupled with peer mentoring, this course will help students to know and understand themselves more fully, allowing them to better design the way in which they experience their college journey and beyond. With an emphasis on academic success, belonging in community, personal and spiritual growth, and social responsibility, this course hopes to transition students well into their college journey. The wellness committee will oversee efforts to increase fitness and wellness opportunities across the College community.