

## **Level I Fieldwork: Adult Practice**

### **OCCU 605: OT Process Adult Practice Course Description**

This course focuses on the occupational therapy process as it applies to Adult populations. Emphasis will be placed on occupation-based models of practice and frames of reference to guide clinical reasoning for intervention in adults whose occupational performance is affected by various physical and psychosocial conditions. Screening, assessment, formulation of intervention plans, treatment implementation, and discontinuation of services and documentation of services will be addressed.

### **Relationship to Curriculum Design:**

An essential component of Messiah University's Occupational Therapy curriculum is learning the physiological, psychosocial, cultural, spiritual, personal and temporal factors of the person and how those factors affect occupational performance. OCCU 602 Level I Fieldwork: Adult Practice enables students to learn the holistic and complex nature of human beings and promotes the understanding of how individuals choose to participate and engage in occupation as adults & older adults.

Level I fieldwork is incorporated into the curriculum sequence so that it parallels the coursework to address the specific practice area. This is the third and final Level I fieldwork course and is concurrent with and in support of the OT Process: Adult Practice courses. The Level I fieldwork is designed to encourage students to integrate the content learned in didactic courses in authentic clinical and community settings.

### **OCCU 602: Level I Fieldwork: Adult Practice Course Description**

This Level I Fieldwork course involves observation and engagement with the adult and older adult population in order to develop an understanding of the needs of the adult client across the lifespan and to apply knowledge learned in didactic coursework to practice. Students continue to hone and develop observation skills while participating in the intervention process under direct supervision. Emphasis will be placed on the practice of professionalism and communication skills with all involved parties including adults, providers and family members.

### **OCCU 602: Course Objectives**

1. Articulate the unique value of occupational therapy and distinct benefit of occupation in promoting health, wellbeing, and occupational participation to consumers and the general public. (B.2.3., B.2.5.)
2. Use safety precautions and sound judgement during all aspects of the OT process. (B.2.8.)
3. Assess client factors, activity demands, and performance skills, and demonstrate ability to articulate potential intervention strategies from the results of interview, observation, standardized, and non-standardized assessments. (B.4.1.)
4. Demonstrate therapeutic use of self in all aspects of the OT process and all interactions with individuals and groups in the fieldwork setting. (B.5.7.)
5. Demonstrate professional behaviors through verbal, non-verbal, written communication, and ethical decision making when interacting with all stakeholders. (B.5.20 & B.9.1).

### **Suggested Level I Fieldwork Objectives for OCCU 602:**

1. Demonstrate understanding of the OT process of evaluation, intervention, reassessment, and termination of services as it applies to the individuals at the clinical site.
2. Observe and assist with activity selection and adaptation for individuals with various dysfunctions.
3. Gain insight into a variety of diagnoses, impairments and disabilities through observation and interaction with clients.
4. Become familiar with therapeutic equipment and devices used in the clinical setting.
5. Demonstrate professional responsibility and ethical behaviors when interacting with clients and other professionals.
6. Gain knowledge of other discipline's responsibilities and discuss roles and responsibilities of Certified Occupational Therapy Assistants (COTAs), rehabilitation aid/assistant or support personnel if applicable at clinical site.
7. Observe documentation of occupational therapy process and intervention and begin to practice documentation skills within the context of the clinical setting.
8. Demonstrate interpersonal skills necessary for effective communication and collaboration, both with clients/patients as well as with health care professionals.
9. Recognize and discuss how psychosocial factors influence engagement in occupation.

### **OCCU 602: Level I Fieldwork Assignments:**

Fieldwork Skills Checklist

Fieldwork Reflection

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