**Fall 2019 IDS Course Descriptions**

**IDNW 200: Education in Sub-Saharan Africa - (Obed Mfum-Mensah)**
This course examines the philosophical, cultural, historical, and social foundations of education in Sub-Saharan Africa (SSA) from pre-colonial era to present. The course will explore non-formal, informal, and formal educational approaches in diverse cultures and societies in pre-colonial, colonial, and post-colonial SSA. In addition, the course will examine educational systems of non-colonized, formerly British colonized, French colonized, and Belgian colonized SSA nations to understand the impacts of colonialism on postcolonial SSA educational practices.

**IDPL 300: The Holocaust - (Jack Fischel)**
A study of the Holocaust, with special attention given to the origins of both Christian and secular anti-Semitism and the genocidal consequences of such religious and racial prejudice. The course will conclude with reflections on implications for post-Holocaust Jewish-Christian relations in contemporary America.

**IDST 300: Stress and Health - (Jennifer Thomson)**
What impact does stress have on the physiological, psychological, sociological and spiritual health of an individual and how can the response to stress be controlled? This course will present an overview of the effects of psychological stress on the body including its nature, physiology, role in disease and impact on one's health and wellness. Students will critically analyze the influences of culture, religion and socioeconomics on how individuals perceive and deal with stress. We will also investigate the role of stress in various diseases, explore approaches for coping with stress, and examine how behavioral strategies and technology may reduce stress responsivity and promote well-being. Emphasis will be placed on the impact of stress on the health of the global society.

**IDST 300: History of Modern Science - (Edward Davis)**
Some major developments in scientific thought from ancient Greece to the seventeenth century, emphasizing the relationship of science to philosophy, religion, and society. Topics include ancient Greek natural philosophy, medieval and Renaissance science, and the scientific revolution.