Intermediate boaters should show proficiency in these strokes, skills, and maneuvers:

**Vocabulary:**
- Eddy, hydraulic, ender line, keeper hole, eddy hoping, attaining [going upstream]

**Reading the water:**
- Knowing which waves to surf and which to avoid, how to read the river for rocks and proper lines through a rapid. Reading the water’s surface for “V’s” that show the deeper water.

**Strokes:**
1. Forward stroke, sweep stroke for more tuning action.
2. Rudder stroke, used for turning and keep the boat from circling.
3. Brace stroke – essential in class II water or higher. It keeps you from flipping.
4. Combination strokes:
   a. Forward stroke with a rudder on the same side – useful to enter a wave for surfing
   b. Forward stroke with a stern draw – good to turning or keeping the boat straight.

**Maneuvers:**
1. Catching an eddy or eddying out. Lean into the turn!
2. Peal out – Going out of an eddy at about 45 to 100 degrees angle to the eddy line.
3. Ferrying paddling from one eddy to another without going down stream.
4. Attaining going up stream often by eddy hopping.
5. Surfing – riding a wave- One of the great pleasures of kayaking!

Optional to intermediate standing:
6. Spins – 180 and 360 degree turns in a hydraulic.
7. Rolls

Kayaking is a grace sport. Do not try to muscle your boat down the stream. Be flexible at the waist. If the kayak tilts because of a wave or rock, flex, and stay centered above the kayak.