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From: massemail@messiah.edu on behalf of Human Resources <noreply@messiah.edu>
Sent: Thursday, March 19, 2020 3:44 PM
To:
Subject: Virtual Medicine Benefit

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Direct all questions regarding this mass email to Susan Deitch at Ext. 7085 or sdeitch@messiah.edu.



MESS
COLLEGE

To: All Employees

Virtual Medicine Benefit

The flu, COVID-19 and other illnesses are rampant right now. If you are not feeling well, the last thing you want to do is leave your warm home to go the doctor where there are other sick people.

Highmark Blue Shield provides their members access to the Virtual Medicine Benefit. You can see a doctor 24/7 using your computer, tablet or smartphone for non-emergency care for things such as sinus infections, bronchitis, flu, conjunctivitis, etc.

If you have telemedicine access through Highmark, they are waiving all copays, deductibles, and coinsurance for the next 90 days because the safest place for you if you're sick is at home. This includes behavioral health services for those feeling high levels of stress or anxiety. You can check your plan at [HighmarkBlueShield.com](https://www.HighmarkBlueShield.com)

A virtual visit* is a fast, convenient way to get non-emergency treatment anytime, anywhere.

Create an account with your member ID at [amwell.com](https://www.amwell.com) or via the Amwell app, so it's there when you need it.

Use your Member ID card to create an account.

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