FIRST SEMESTER BLUEPRINT
DEPARTMENT OF SOCIAL WORK

When planning your first semester...

- Most students register for a total of 14 to 16 credits.
- All First Year students are required to take First Year Seminar their first term. This is a required writing course, and each section focuses on a different topic for students to explore.
- **QuEST** (Qualities Essential for Student Transformation) courses are Messiah University’s general education program completed by all students. Specific recommendations for your first semester are included on the blueprint.
- Students who have earned AP, CLEP, or IB credit should refer to the information provided here: [AP, CLEP, IB Credit](#).
- You can view the most up-to-date version of the schedule of classes by accessing [The View](#).

The First Semester Blueprint is your guide to course registration in your first semester. Click on your major to view the recommended courses (developed by your faculty) for your first semester at Messiah.

[Social Work (B.S.W.)](#)
Social Work (B.S.W.)

Students **MUST** register for the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>IDFY 101</td>
<td>3</td>
</tr>
<tr>
<td>SOWK 099</td>
<td>1</td>
</tr>
<tr>
<td>SOWK 120</td>
<td>3</td>
</tr>
</tbody>
</table>

Students **SHOULD** register for the following course:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMM 105</td>
<td>3</td>
</tr>
</tbody>
</table>

Students may **CONSIDER** registering for the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Course (SPAN, FREN, GERM, CHIN)</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 101</td>
<td>3</td>
</tr>
</tbody>
</table>

**Subtotal: 7-16 credits**

**Select** from the following **QuEST** options to complete your schedule if needed:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>U.S. History* (QuEST/GenEd: U.S. History)</td>
<td>3</td>
</tr>
<tr>
<td>PHIL 101 OR RELI 229 (Problems in Philosophy or Islam)</td>
<td>3</td>
</tr>
<tr>
<td>SOAN 101 (Principles of Sociology)</td>
<td>3</td>
</tr>
</tbody>
</table>

**Total credits your first semester:** 14-16 credits

*Search [The View](https://example.com) by attribute type(s) noted above*

Specific major-related questions may be directed to Dr. Charles Seitz, [cseitz@messiah.edu](mailto:cseitz@messiah.edu), or 717-796-1800 ext. 3240.