

Applied Health Science (Pre-OT) (B.S.) Occupational Therapy MOT

Suggested 10 semester plan



Course #	Course Name	Credits	Course #	Course Name	Credits
IDFY 101	First Year Seminar*	3	ATHT 203	Medical Terminology & Topics	2
Varies	1st semester language*	3	VARIES	2nd semester language*	3
APHS 170	Concepts of Holistic Wellness*	2	COMM 105	Foundations of Oral Communication*	3
BIOL 185/L	Human Anatomy & Physiology I w/lab	4	BIOL 186/L	Human Anatomy & Physiology II w/lab	4
PSYC 101	Introduction to Psychology	3	PSYC 209	Life Span Development	3
ENGL 110	Critical Reading & Writing	3	VARIES	Elective	3
FALL, 1ST SEMESTER TOTAL		18	SPRING, 2ND SEMESTER TOTAL		18
CHEM 103	Chemical Science w/lab*	4	BIBL 20X	Knowledge of the Bible*	3
VARIES	History*	3	HIST XXX	Intercultural Global*	3
APHS 301	Exercise Physiology w/Lab	4	VARIES	Gen Ed Arts or Literature*	3
APHS 220	Health Promotion Management	3	VARIES	Elective	3
STAT 269	Introductory Statistics*	3	BIOL 189	Genetics for Health Professions	3
			PSYC 319	Abnormal Psychology	3
FALL, 3RD SEMESTER TOTAL		17	SPRING, 4TH SEMESTER TOTAL		18
NUTR 222	Principles of Nutrition	3	Varies	Christian Beliefs*	3
PHIL/RELI	Philosophy or Religion*	3	Varies	Ethics/World Views/Pluralism	3
Varies	Intercultural US*	3	APHS xxx	APHS Elective	3
APHS 215	Chronic Disease and Exercise	3	APHS 325	Exercise Nutrition and Metabolism	3
Varies	Elective	3	APHS 412	Senior Seminar	3
Varies	Elective	3	Varies	Free elective/ELI credit	3
FALL, 5TH SEMESTER TOTAL		18	SPRING, 6TH SEMESTER TOTAL		18
OCCU 501	Foundations of OT	3	OCCU 510	Evidence-Based Inquiry	3
OCCU 505/L	Applied Anatomy & Lab	3	OCCU 544/L	Therapeutic Techniques & Lab	3
OCCU 512/L	Dev. & Psychosocial Considerations in OT	4	OCCU 565/L	OT Process: Pediatric Practice & Lab	4
OCCU 528	Domain and Process	3	OCCU 562	Level I Fieldwork: Pediatric Practice	1
OCCU 553	Common Conditions of OT	3	OCCU 520	Professional Behaviors in OT - Intensive	2
			OCCU 555/L	Neurological Conditions in OT & Lab	4
FALL, 7TH SEMESTER TOTAL		16	SPRING, 8TH SEMESTER TOTAL		17
OCCU 530	Research Methods and Design	3	OCCU 572	Level I Fieldwork: Community Interventions	2
OCCU 573	Health Promotion OT: Community Interventions	2	OCCU 615/L	Adaptations & Assistive Tech & Lab	3
OCCU 605/L	OT Process: Adult Practice & Lab	4	OCCU 623	Administration, Management & Leadership	3
OCCU 602	Level I Fieldwork: Adult Practice	1	OCCU 625/L	OT Process: Older Adult Practice & Lab	4
OCCU 535/L	OT Process: Psychosocial Prac. & Lab	4	OCCU 630	Research Seminar	3
SUMMER, 9TH SEMESTER TOTAL		14	FALL, 10TH SEMESTER TOTAL		15
OCCU 620	Global, Cultural & Spirituality Factors in OT	2	OCCU 632	Fieldwork Level II-B	6
OCCU 636	Enrichment Seminar	2			
OCCU 622	Fieldwork Level II-A	6			
OCCU 509	OT Process and Practice	2			
SPRING, 11TH SEMESTER TOTAL		12	SUMMER, 12TH SEMESTER TOTAL		6

*Gen Ed requirement; # Graduate course fulfilling undergraduate requirements (total of 16 credits)

Major requirements inclusive of Pre-OT concentration: 53 credits. Gen Ed requirements: 41-42 credits. Free electives 9-12. Total of UG requirements: 123 credits. Unique credits towards graduate degree: 64 credits. Total credits: 187.

Human Development and Family Science (Pre-OT) (B.S.) Occupational Therapy MOT

Suggested 10 semester plan



Course #	Course Name	Credits	Course #	Course Name	Credits
IDFY 101/102H	First Year Seminar	3	ENGL 110	Critical Reading & Writing	2
HDFS 101	Foundations of Marriage & Family	3	HDFS 210	Child Development	3
HDFS 142	Introduction to Interpersonal Relations	3	HDFS 253	Community Services for Individuals and Families	3
COMM 105	Fundamentals of Oral Communication	3	VARIES	Lab Science	3-4
Varies	1st semester language	3	VARIES	2nd semester language	3
PHIL/RELI	Philosophy/Religion	3	VARIES	Wellness	3
			VARIES	Elective	1-2
FALL, 1ST SEMESTER TOTAL		18	SPRING, 2ND SEMESTER TOTAL		18
PSYC 319	Abnormal Psychology	3	HDFS 339	Dynamics of Family Interaction	3
HDFS 272	Research Methods and Analysis in HDFS	3	HDFS 345	Parenting	3
Varies	Elective; Recommend HDFS 320 or 396	1-2	HDFS 311	Adolescent Development	3
BIOL 185/L	Human Anatomy & Physiology I w/lab	4	ATHT 203	Medical Terminology & Topics	2
HDFS 244	Human Sexuality	3	BIOL 186/L	Human Anatomy & Physiology II w/lab	4
STAT 269	Introductory Statistics	3	HIST XXX	Intercultural Global	3
FALL, 3RD SEMESTER TOTAL		17-18	SPRING, 4TH SEMESTER TOTAL		18
HDFS 378 or 386	Latino Families or Family Ethnicity & Human Services	3	Varies	Christian Beliefs	3
HDFS 442	Strategies of Family Life Education	3	HDFS 312	Adult Development	3
Varies	Literature or Art	3	HDFS 494	Human Development & Family Science Seminar	3
BIBL 201	Interpreting the Bible	3	GERO XXX	(232 recommended for ELI)	3
HDFS 355	Marital and Couple Relationships	3	Varies	Ethics & Common Good (recommended IDEG 300 Ethics and Families section)	3
24GE	History	3	Varies	Elective	2-3
FALL, 5TH SEMESTER TOTAL		18	SPRING, 6TH SEMESTER TOTAL		17-18
OCCU 501	Foundations of OT	3	OCCU 510	Evidence-Based Inquiry	3
OCCU 505/L	Applied Anatomy & Lab	3	OCCU 544/L	Therapeutic Techniques & Lab	3
OCCU 512/L	Dev. & Psychosocial Considerations in OT	4	OCCU 565/L	OT Process: Pediatric Practice & Lab	4
OCCU 528	Domain and Process	3	OCCU 562	Level I Fieldwork: Pediatric Practice	1
OCCU 553	Common Conditions of OT	3	OCCU 520	Professional Behaviors in OT - Intensive	2
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OCCU 636	Enrichment Seminar	2			
OCCU 622	Fieldwork Level II-A	6			
OCCU 509	OT Process and Practice	2			
SPRING, 11TH SEMESTER TOTAL		12	SUMMER, 12TH SEMESTER TOTAL		6

Total credits for UG degree: 123 credits. Total UG credits for B.S. degree: 107. Total GR credits counting as UG electives: 16. Total credits UG/GR degree: 187.

Psychology (Pre-OT) (B.S.) Occupational Therapy MOT

Suggested 10 semester plan

Course #	Course Name	Credits	Course #	Course Name	Credits
PSYC 099	Writing for Psychology	1	PSYC 209	Lifespan Development	3
PSYC 101	Introduction to Psychology	3	BIOL 186/L	Human Anatomy & Physiology II w/lab	4
IDFY 101	First Year Seminar*	3	COMM 105	Foundations of Oral Communication	3
BIOL 185/L	Human Anatomy & Physiology I w/lab	4	STAT 269	Statistics (or Math/CIS meeting QuEST)*	3
Varies	1st semester language	3	Varies	2nd semester language	3
Varies	Wellness	1	ATHT 201	Medical Terminology	2
Varies	Fundamentals of Written Communications*	3			
FALL, 1ST SEMESTER TOTAL		18	SPRING, 2ND SEMESTER TOTAL		18
PSYC 271	Statistical Methods in Psychology	3	PSYC 272	Research Methods in Psychology	3
PSYC 350	Biological Basis of Behavior (fall only)	3	PSYC 226	Social Psychology	3
BIBL 2XX	Encountering the Bible/OT/NT*	3	PSYC 345	Cognition	3
BIOL 158	Human Biology (or any lab science)*	3	PSYC 351	Sensation and Perception (spring only)	3
PHIL/RELI	Philosophy/Religion	3	Varies	Intercultural Global	3
Varies	Elective	3	Varies	Elective	3
FALL, 3RD SEMESTER TOTAL		18	SPRING, 4TH SEMESTER TOTAL		18
PSYC 494	Psychology Seminar	3	PSYC 441	History and Systems	3
PSYC 408	Experimental Psychology (fall only)	3	PSYC 319	Abnormal Psychology	3
Varies	Intercultural US	3	THEO XXX	Christian Beliefs*	3
Varies	Ethics	3	Varies	Literature/Art	3
Varies	Elective	3	HIST XXX	History meeting QuEST*	3
Varies	Elective	3	Varies	Elective	3
FALL, 5TH SEMESTER TOTAL		18	SPRING, 6TH SEMESTER TOTAL		18
OCCU 501	Foundations of OT	3	OCCU 510	Evidence-Based Inquiry	3
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OCCU 622	Fieldwork Level II-A	6			
OCCU 509	OT Process and Practice	2			
SPRING, 11TH SEMESTER TOTAL		12	SUMMER, 12TH SEMESTER TOTAL		6

*QuEST Requirement | #Graduate Course that fulfills Undergraduate Requirements (total of 16 credits) | Total UG Credits: 107 required; 108 in this plan | Total GR Credits Applied to the Undergraduate Degree: 16 | Total Credits in the BS in Psych (Pre-OT) degree 123-124.