

Health & Physical Education (QuEST) 2025-26 (Odd Fall Start)				Health and Physical Education (General Education) 2025-265 Odd Fall Start			
				For students matriculating beginning Fall 2024			
Semester 1	Min	Max		Semester 2	Min	Max	
IDFY 101/102H	3	3		IDCR 151	3	3	
HPED 201	1	1		COMM 105	3	3	
US or European History	3	3		Language 2	3	3	
Literature	3	3		WELL 127	1	1	
Math Science	3	3		WELL 1xx	1	1	
Language 1	3	3		ATHHT 140	2	2	
				Math Science	3	3	
Total	16	16		Total	16	16	
Semester 3	Min	Max		Semester 4	Min	Max	
BIOL 158 (lab sci)	4	4		EDUC 203 (social science)	3	3	
HDFS 210	3	3		EDSP 207	3	3	
APHS 170	2	2		TEP 210	0	0	
APHS 220	3	3		HPED 224	3	3	
WELL 1xx	1	1		EDUC 346 (Pluralism)	3	3	
WELL 1xx	1	1		APHS 201	3	3	
Language 3	3	3					
Total	17	17		Total	15	15	
Semester 5	Min	Max		Semester 6	Min	Max	
TEP 310	0	0		EDUC 208	3	3	
EDSP 307	3	3		APHS 271	3	3	
EDUC 331	3	3		HPED 423	3	3	
HPED 229	3	3		WELL 1xx	1	1	
HPED 329	3	3		HPED 309	3	3	
Bible	3	3		HPED 332	1	1	
WELL 1xx	1	1		WELL 114	1	1	
Total	16	16		Total	15	15	
Semester 7	Min	Max		Semester 8	Min	Max	
HPED 312	3	3		EDUC 420	2	2	
Arts	3	3		TEP 431 (ELI)	9	9	
Christian Beliefs	3	3		TEP 411	0	0	
Non-Western	2	3		TEP 407	1	1	
HDFS 311	3	3					
PHIL/RELI	3	3					
First Aid/CPR Competency							
Total	17	18		Total	12	12	
Semester 1	Min	Max		Semester 2	Min	Max	
IDFY 101/102H	3	3		Literature	3	3	
ENGL 110/110H	3	3		COMM 105	3	3	
HPED 201	1	1		Language 2	3	3	
24GE History	3	3		WELL 127	1	1	
Math Science	3	3		WELL 1xx	1	1	
Language 1	3	3		ATHHT 140	2	2	
				Math Science	3	3	
Total	16	16		Total	16	16	
Semester 3	Min	Max		Semester 4	Min	Max	
BIOL 158 (lab sci)	4	4		EDUC 203 (social science)	3	3	
HDFS 210	3	3		EDSP 207	3	3	
APHS 170	2	2		TEP 210	0	0	
APHS 220	3	3		HPED 224	3	3	
WELL 1xx	1	1		EDUC 346 (Intercultural - US)	3	3	
WELL 1xx	1	1		APHS 201	3	3	
Intercultural Global	3	3					
Total	17	17		Total	15	15	
Semester 5	Min	Max		Semester 6	Min	Max	
TEP 310	0	0		EDUC 208	3	3	
EDSP 307	3	3		APHS 271	3	3	
EDUC 331	3	3		HPED 423	3	3	
HPED 229	3	3		WELL 1xx	1	1	
HPED 329	3	3		HPED 309	3	3	
Bible	3	3		HPED 332	1	1	
WELL 1xx	1	1		WELL 114	1	1	
				Free Elective	1	1	
Total	16	16		Total	16	16	
Semester 7	Min	Max		Semester 8	Min	Max	
HPED 312	3	3		EDUC 420	2	2	
Christian Beliefs	3	3		TEP 431 (ELI)	9	9	
Ethics & Common Good	3	3		TEP 411	0	0	
HDFS 311	3	3		TEP 407	1	1	
Phil/Religion	3	3					
First Aid/CPR Competency							
Total	15	15		Total	12	12	

8-semester plans are a suggested course sequence to be used as a guideline for degree completion. Students should work carefully with academic advisors to build an individual plan, using the 8-semester plan as a tool along with the degree audit and semester course schedules. 8-semester plans do not guarantee course offerings or available seats.

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