

**First Semester Blueprint  
Department of Human Development and Family Science**

When planning your first semester...

- Students should register for a minimum of 12 credits and no more than 16. (Minimum may be higher for accelerated program.)
- All First-Year students are required to take First Year Seminar their first term. This is a required course, and each section focuses on a different topic for students to explore.
- Students who have earned AP, CLEP, or IB credit should refer to the information provided here: [AP, CLEP, IB Credit](#).
- You can view the most up-to-date version of the schedule of classes by accessing [The View](#).

The First Semester Blueprint is your guide to course registration in your first semester. Click on your major to view the recommended courses (developed by your faculty) for your first semester at Messiah.

[Family and Consumer Sciences Education with K-12 Teaching Certification \(B.S.\)](#)

[Human Development and Family Science \(B.A.\)](#)

[Human Development and Family Science with Child Life \(B.A.\)](#)

[Accelerated Human Development and Family Science Pre-Occupational Therapy \(B.S.\)](#)

**Human Development and Family Science (B.A.)**

Students <b>MUST</b> register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
HDFS 101	Foundations of Marriage and Family	3
HDFS 142	Introduction to Interpersonal Relationships	3
Students <b>SHOULD</b> register for the following course:		
HDFS 099	Opportunities in Human Development and Family Science	1
<a href="#">Language Course</a>	(CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>General Education</b> options to complete your schedule:		<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)		3
ENGL 110 (Critical Reading & Writing)		3
History* (24GE: History)		3
PHIL 101 or RELI 2xx* (24GE:Philosophy/Religion)		3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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\*Search [The View](#) by attribute type(s) noted above

Specific major-related questions may be directed to Dr. Paul Johns, Department Chair, Human Development & Family Science, 717-343-5109 or [pjohns@messiah.edu](mailto:pjohns@messiah.edu)

**Family and Consumer Sciences Education with K-12 Teaching Certification (B.S.)**

Students <b>MUST</b> register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
HDFS 101	Foundations of Marriage and Family	3
NUTR 110*	Science and Nutrition <b>AND</b>	3
NUTR 110L*	Lab: Science and Nutrition	0
<i>*There are seats reserved for your major in these courses. See <a href="#">The View</a> for CRNs (CRNs required to register for NUTR 110 and NUTR 110L). Follow <a href="#">registration instructions</a> (page 6) to add courses to your schedule by CRN.</i>		
Students <b>SHOULD</b> register for the following courses:		
HDFS 099	Opportunities in Human Development and Family Science	1
<a href="#">Language Course</a>	(CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>General Education</b> options to complete your schedule:	<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)	3
ENGL 110 (Critical Reading & Writing)	3
ENGL 1xx/Art** (24GE: Lit&Aesthetic Ways of Knowing)	3
History** (24GE: History)	3
PHIL 101 or Religion course** (24GE: Philosophy/Religion)	3
Mathematical Science** (24GE:Mathematics)	3-4

<b>Recommended total credits your first semester:</b>	<b>15-16 credits</b>
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**Human Development and Family Science with Child Life (B.A.)**

Students <b>MUST</b> register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
HDFS 101	Foundations of Marriage and Family	3
HDFS 142	Introduction to Interpersonal Relationships	3
Students <b>SHOULD</b> register for the following course:		
HDFS 099	Opportunities in Human Development and Family Science	1
<a href="#">Language Course</a>	(CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>General Education</b> options to complete your schedule:		<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)		3
ENGL 110 (Critical Reading & Writing)		3
History* (24GE:History)		3
PHIL 101 or RELI 2xx* (24GE: Philosophy/Religion)		3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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**Accelerated Human Development and Family Science Pre-Occupational Therapy (B.S.)**

Students <b>MUST</b> register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
HDFS 101	Foundations of Marriage and Family	3
HDFS 142	Introduction to Interpersonal Relationships	3
Students <b>SHOULD</b> register for the following course:		
<a href="#">Language Course</a>	(CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>General Education</b> options to complete your schedule:		<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)		3
History* (24GE: History)		3
PHIL 101 or RELI 2xx* (24GE:Philosophy/Religion)		3

<b>Recommended total credits your first semester:</b>	<b>18 credits</b>
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