

**FIRST SEMESTER BLUEPRINT
DEPARTMENT OF PSYCHOLOGY, CRIMINAL JUSTICE AND SOCIOLOGY**

When planning your first semester...

- Students should register for a minimum of 12 credits and no more than 16.
- All First-Year students are required to take First Year Seminar their first term. This is a required course, and each section focuses on a different topic for students to explore.
- Science labs meet approximately three hours once a week. As you arrange your class schedule, consider the meeting times of labs first, then design the rest of your schedule around them.
- Students who have earned AP, CLEP, or IB credit should refer to the information provided here: [AP, CLEP, IB Credit](#).
- You can view the most up-to-date version of the schedule of classes by accessing [The View](#).

The First Semester Blueprint is your guide to course registration in your first semester. Click on your major to view the recommended courses (developed by your faculty) for your first semester at Messiah.

[Biopsychology \(B.S.\)](#)

[Criminal Justice \(B.A.\)](#)

[Psychology \(B.A. or B.S.\)](#)

[Psychology Pre-Occupational Therapy \(B.S.\)/Master of Occupational Therapy \(M.O.T.\)](#)

[Sociology and Anthropology \(B.A.\)](#)

Biopsychology (B.S.)

Students MUST register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar AND	3
ONE of the following combinations**:		
BIOL 170	Cellular Foundations of Life AND	4
BIOL 170L	Lab: Cell Foundations of Life	0
BIOL 170 only taught in the fall semester		
OR		
BIOL 185	Human Anatomy and Physiology I AND	4
BIOL 185L	Lab: Human Anatomy and Physiology I	0
**Students desiring a strong emphasis in Biology, Pre-Med, Neuroscience, or future Ph.D. programs should take BIOL 170 and BIOL 170L. If you are considering Allied Health Professions (i.e. Occupational Therapy, Physical Therapy, Pre-Physician's Assistant, Nursing, etc.), you should take BIOL 185 and BIOL 185L.		
If you have any questions choosing between the two tracks, please email the Biopsychology advisor, Jennifer Thomson, jthomson@messiah.edu .		
Students SHOULD register for the following courses:		
CHEM 105*	General Chemistry I AND	4
CHEM 105L*	Lab: General Chemistry I	0
PSYC 099+	Writing for the Social Sciences	1
*Please review the Guidelines for Chemistry Courses		
*For students registering for BIOL 170/170L. This course is not required, but is encouraged.		
PSYC 101	Introduction to Psychology	3
Language Course (CHIN, FREN, GERM, SPAN)		3

Select from the following General Education options to complete your schedule:	<u>Credits</u>
COMM 105 (24GE: Oral Communication)	3
History** (24GE: History)	3
Philosophy/Religion** (24GE: Philosophy/Religion)	3

Recommended total credits your first semester:	12-16 credits
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**Search [The View](#) by attribute type(s) noted above

Criminal Justice (B.A.)

Students MUST register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
CRIJ 101	Introduction to Criminal Justice	3
Students SHOULD register for the following course:		
PSYC 099	Writing for the Social Sciences	1
COMM 105	(24GE: Oral Communication)	3
Language Course (CHIN, FREN, GERM, SPAN)		3

Select from the following General Education options to complete your schedule:		<u>Credits</u>
ENGL 110*	(24GE: Written Communication)	3
History*	(24GE: History)	3
Mathematical Science*	(24GE: Mathematics)	3 or 4
Philosophy/Religion*	(24GE: Philosophy/Religion)	3

Recommended total credits your first semester:	12-16 credits
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*Search [The View](#) by attribute type(s) noted above

Specific major-related questions may be directed to Dr. Kelly Waltman, kwaltman@messiah.edu, or 717-796-1800 ext. 7142.

Psychology (B.A. or B.S.)

Students MUST register for the following course:		<u>Credits</u>
IDFY 101	First Year Seminar	3
Students SHOULD register for the following courses:		
PSYC 099	Writing for the Social Sciences	1
PSYC 101	Introduction to Psychology	3
Language Course (CHIN, FREN, GERM, SPAN)		3

Select from the following General Education options to complete your schedule:		<u>Credits</u>
COMM 105* (24GE: Oral Communication)		3
ENGL 110* (24GE: Written Communication)		4
History* (24GE: History)		3
Mathematical Science* (24GE: Mathematics STAT 269 recommended)		3 or 4
Philosophy/Religion* (24GE: Philosophy/Religion)		3

Recommended total credits your first semester:	12-16 credits
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Specific major-related questions may be directed to Dr. John Bechtold, jbechtol@messiah.edu, or 717-796-1800 ext. 7023.

Psychology (B.S.) Pre-Occupational Therapy/Master of Occupational Therapy (M.O.T.) 5-Year Accelerated Program**

Students MUST register for the following course:		<u>Credits</u>
IDFY 101	First Year Seminar	3
PSYC 101	Introduction to Psychology	3
BIOL 185	Human Anatomy and Physiology I AND	4
BIOL 185L	Lab: Human Anatomy and Physiology I	0
Students SHOULD register for the following course:		
PSYC 099	Writing for the Social Sciences	1
Language Course (CHIN, FREN, GERM, SPAN)		

Select from the following General Education options to complete your schedule:	<u>Credits</u>
COMM 105* (24GE: Oral Communication)	3
ENGL 110* (24GE: Written Communication)	3
History* (24GE:History)	3
Mathematical Science* (24GE: Mathematics; STAT 269 recommended)	3 or 4
Philosophy/Religion* (24GE:Philosophy/Religion)	3

Recommended total credits your first semester:	12-18 credits
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*Search [The View](#) by attribute type(s) noted above

Specific major-related questions may be directed to Dr. John Bechtold, jbechtol@messiah.edu, or 717-796-1800 ext. 7023.

****This program is only for students accepted into the accelerated 5-year program.**

Sociology and Anthropology (B.A.)

Students MUST register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
SOAN 212	Introduction to Sociology	3
Students SHOULD register for the following course:		
PSYC 099	Writing for the Social Sciences	1
COMM 105	(24GE: Oral Communication)	3
Language Course (CHIN, FREN, GERM, SPAN)		3

Select from the following General Education options to complete your schedule:		<u>Credits</u>
ENGL 110* (24GE: Written Communication)		3
History* (24GE: History)		3
Mathematical Science* (24GE: Mathematics)		3 or 4
Philosophy/Religion* (24GE: Philosophy/Religion)		3

Recommended total credits your first semester:	12-16 credits
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*Search [The View](#) by attribute type(s) noted above

Specific major-related questions may be directed to Dr. Jenell Paris, jparis@messiah.edu, or 717-796-1800 ext. 7044.