

Health and Physical Education Teacher Certification  
(Department of Health and Human Performance)

Major Requirements

<u>Major Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
<a href="#">[HPED 156]</a> Team Sports	1	_____
<a href="#">[HPED 158]</a> Racquet Sports	1	_____
<a href="#">[HPED 164]</a> Recreational and Rhythmical Activities	1	_____
<a href="#">[HPED 165]</a> Individual Sports	1	_____
<a href="#">[HPED 170]</a> Concepts of Conditioning	1	_____
<a href="#">[HPED 175]</a> Developmental Gymnastics	1	_____
Students <b>must</b> fulfill <b>one</b> of the following sets of requirements:	0-3	
A. <a href="#">[HPED 195]</a> First Aid & CPR (1) and <i>one of the following</i> :		
<a href="#">[HPED 189]</a> Emergency Water Safety (1)		
<a href="#">[HPED 192]</a> Water Safety Instructor (2)		
B. Competency* in First Aid & CPR and <i>one of the following</i> :		
<a href="#">[HPED 189]</a> Emergency Water Safety (1)		
<a href="#">[HPED 192]</a> Water Safety Instructor (2)		
C. <a href="#">[HPED 193]</a> Lifeguarding/First Aid/CPR (2) or Lifeguarding competency*		
<a href="#">[HPED 223]</a> Community Health Strategies	3	_____
<a href="#">[HPED 224]</a> Personal Health Strategies	3	_____
<a href="#">[HPED 227]</a> Foundations of Physical Education	3	_____
<a href="#">[HPED 229]</a> Motor Learning	3	_____
<a href="#">[HPED 232]</a> Teaching Adapted Physical Education	3	_____
<a href="#">[HPED 236]</a> Medical Aspects of Sport	3	_____
<a href="#">[HPED 305]</a> Contemporary Issues in Health	3	_____
<a href="#">[HPED 309]</a> Curriculum & Instruction in Elem. Physical Education	3	_____
<a href="#">[HPED 312]</a> Curriculum & Instruction in Sec. Physical Education	3	_____
<a href="#">[HPED 321]</a> Kinesiology	3	_____
<a href="#">[HPED 322]</a> Exercise Physiology	3	_____
<a href="#">[HPED 326]</a> Curriculum & Instruction in Health Education	3	_____
<a href="#">[HPED 422]</a> Assessment in Health & Physical Education	2	_____
<a href="#">[HPED 423]</a> Principles of Administration	2	_____
<i>One of the following:</i>	3	_____
<a href="#">[HPED 329]</a> Sport in Society (3)		
<a href="#">[HPED 333]</a> Principles of Coaching (3)		
<a href="#">[BIOL 185]</a> Human Anatomy & Physiology I	4	_____
<a href="#">[BIOL 186]</a> Human Anatomy & Physiology II	4	_____
<a href="#">[PSYC 310]</a> Child Development	3	_____
3 credits of MATH/COSC/STAT xxx GenEd Math/CompSci/Stats	3	_____
<a href="#">[COSC 171]</a> Problem Solving with Computers	3	_____
3 credits of ENGL xxx American or British Literature	3	_____
<a href="#">[EDUC 120]</a> The Teaching Profession	1	_____
<a href="#">[EDUC 201]</a> Education and American Society	3	_____
<a href="#">[EDUC 203]</a> Educational Psychology	3	_____

Major Requirements Continued on Second Page

**Professional Semester**

<a href="#">[EDUC 431]</a> Elementary Student Teaching	5	_____
<a href="#">[EDUC 432]</a> Secondary Student Teaching	6	_____
<a href="#">[HPED 433]</a> Student Teaching Seminar	1	_____

\*Competency as defined by the American Red Cross.

General Education Requirements on Third Page

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General Education Requirements

<u>Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
First Year Seminar	3	_____
Oral Communications	3	_____
Created and Called for Community	3	_____
Mathematical Sciences <a href="#">[COSC 171]</a>	3 or 4	<u>met by major</u>
Laboratory Science <a href="#">[BIOL 185]</a>	3 or 4	<u>met by major</u>
Science, Technology & the World <a href="#">[HPED 322]</a>	3	<u>met by major</u>
<b>Two</b> of the following:	6	
Social Science (3 credits – <a href="#">[EDUC 203]</a> )		<u>met by major</u>
European History (3 credits)		_____
United States History (3 credits)		_____
Literature (American or British Literature only)	3	<u>met by major</u>
Philosophy and Religion	3	_____
Arts	3	_____
Language/Cross Cultural		
First Semester of Language	3	_____
Second Semester of Language	3	_____
Third Semester of Language or Cross Cultural	3	_____
Non-Western Studies	2 or 3	_____
Bible	3	_____
Christian Beliefs	3	_____
Health and Physical Fitness		
Life Fitness <a href="#">[HPED 170]</a>	1	<u>met by major</u>
First Activity Course <a href="#">[HPED 189]</a> or <a href="#">[HPED 192]</a> or <a href="#">[HPED 193]</a>	1	<u>met by major</u>
Second Activity Course (HPED activity)	1	<u>met by major</u>
<b>One</b> of the following:	3	
Ethics (3 credits)		_____
World Views (3 credits)		_____
Pluralism in Contemporary Society (3 credits – <a href="#">[HPED 329]</a> )		<u>met by major</u>
Writing Enriched Course		_____

SUMMARY OF DEGREE REQUIREMENTS:

General Education	35
Major Requirements	88-91
<b>Total</b>	<b>123-125</b>

Major Requirements on First and Second Pages